



ADVANCED GROUPWORK FACILITATION COURSE

INFO PACK

2024



Advanced Groupwork Facilitation Course

EST. 2001

Become a skilled facilitator who is
**competent, confident and
compassionate.**

- Know how to handle any group situation
- Build skills to enable the transformative capacity of groups
- Professional and personal development using a holistic, whole-of-person approach.
- Probably Australia's most practical and comprehensive facilitation course

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1. Why do this course?

Our Advanced Groupwork Facilitation Course is probably the most practical and comprehensive facilitation education available in Australia. Our educators support you on your learning journey to address your challenges and provide tailored practice and coaching to ensure your current skills, knowledge and awareness flourish.

Participants who do this course tell us that this education is powerful, practical and empowering. This course continuously gets exceptional feedback, it is rated highly by a diversity of facilitators working in a broad range of settings.

This course will have modules delivered both in face to face as well as online.

The course balances facilitation education with your specific learning goals. There are plenty of opportunities to practice the skills relevant to whatever facilitation context interests you:

- within your organisation
- community engagement
- therapeutic settings
- corporate settings

Conducted in a group setting, so you can see and feel how skills are applied, contact days are 'supportively challenging'. You will learn great things about yourself and this will provide a much stronger and more practical foundation for your facilitation skills.

2. Why Groupwork Centre?

We specialise in facilitation training – we've been industry leaders since 1984

We have delivered over 4000 short courses and worked with countless workplace training participants. Not to mention the more-than-500 graduates of this course!

You'll have hands-on practice applying your skills and learnings at each session, as well as in your organization or community between modules.

All assessment/reflection tasks are tailored to your work and real-life experience. We will help you develop the ability to land on your feet, no matter what happens.

Our whole-of-person approach will enable you to take your facilitation beyond technique and into an intuitive place where your own self-awareness guides you to know exactly the steps you need to take regardless of the situation you find yourself in.

If you have questions, please contact us at agf@groupwork.com.au or register for a free info session [here](#)

Our unique models and processes are clear and simple. Your confidence will build as we step through them together.

3. Course structure

There are 6 modules in total, delivered over six months for a total of 16 contact days (April to September). The delivery of this course will be a combination of face to face and online modules.

Course content has been developed based on our extensive experience of what you need to know practically for effective facilitation. The course is also designed to be engaging and supportive

These modules meld relevant theory and practice together. Our strong emphasis on facilitation micro-skills includes developing effective communication skills and leadership. We explore the facilitator's role working with different types of groups and welcome your particular challenges.

We give you skills and processes you can immediately take back into your work with groups. We'll address your challenges and build on your experience and strengths.

This course is a balance of:

- Education modules derived from our model of collaborative practice and facilitation approach;
- 'Live' work issues that you bring from your experience;
- Practical techniques which bring the learning to life;
- Lots of practice

We believe there is no teacher like practice! There will be work in large and small groups, roleplays, psycho-dramatic processes, inner work and exercises using art and drama techniques, personal reflection and fun! You'll be supported to have a go at different facilitation techniques.

4. Course Information

Module 1: Facilitation Foundations and Group Formation

This module includes;

1. Develop and use self-awareness in groups
2. Use facilitation micro-skills to work with a group's purpose
3. Develop, apply and evaluate principles in facilitation practice
4. Work with group dynamics
5. Create and work with groups (groupness)
6. Group formation: triads, coaching groups, whole group.

Module 2: The Nuts and Bolts of Workshop Design

This module includes;

1. Design, prepare and evaluate group facilitation
2. How do we know we are addressing the right issue and what process to use?
3. Process design - e.g. strategic planning, community engagement
4. Things to consider for design - online vs face to face

Module 3: Working with Conflict in Groups

This module includes;

1. Facilitating conflict when it pops up in groups.
2. Practical and powerful conflict clearing process.
3. Managing your own inner reactions in complex and challenging spaces.
4. Intervening in unhelpful group dynamics.

Module 4: Facilitate through the lens of Rank & Power & Diversity in Groups

This module includes;

1. Understanding Rank and Power in groups, in a practical and compassionate way.
2. Practical strategies to create safety in groups.
3. Working with diversity and inclusion in our groups.
4. Facilitating complex dynamics in groups.

Module 5: Facilitate effective collaboration in groups

This module includes;

1. What is collaboration, how do we foster it?
2. Facilitating Decision making in groups

Module 6: Endings and Integration

This modules includes;

1. Deepening your understanding of your facilitator self and style.
2. Integration of the course learnings and where to next for you.
3. Ending of group processes and rituals.

If you have questions, please contact us at agf@groupwork.com.au or register for a free info session [here](#)

4. Entry requirements

There are no prerequisites for the Advanced Groupwork Facilitation Course.

The course is open to beginners through to experienced facilitators. This diversity enriches the group's learnings. We strongly recommend you have, or create, opportunities to apply and practice the facilitation skills during the course.

Ideally prospective participants can attend either an information session, register [here](#). Or, if none of the times work for you, have a one-on-one chat with us before signing up to the course.

5. Scholarship places

Our scholarships are intended to support people who may be within minority/marginalised social groups, working in social change spaces, and who otherwise would not be able to pay the full price of the course.

Our scholarships aim to 'pay it forward.' Successful recipients are expected to leverage their acquired knowledge and skills to actively support and collaborate with groups, communities, and individuals in need.

We offer a limited number of scholarship places, at a 50% discount rate of \$5,500.

Please note, we are open to organising alternative payment plans to anyone in the course to best suit your financial needs.

Applications for scholarships close COB on 18th March 2024.

Please apply through our online application form [here](#).

6. Course Dates 2024

Date	Module	Where
April 29th-3rd May 10 am Monday to 3pm on Friday (Catering provided)	Facilitation Foundations and Group Formation	Commonground Seymour, Victoria About the Venue — Commonground (common-ground.org.au) Catering Included
May 24th-25th Fri 9.00am to 4pm Sat 9am to 1pm	The Nuts and Bolts of Workshop Design	Online
June 14-15th Friday & Saturday 9.30 am to 5pm (Catering provided)	Working with Conflict in groups	CERES Brunswick East Home - CERES
July 12th-13th Friday & Saturday 9.30 am to 5pm (Catering provided)	Facilitate through the lens of Rank & Power & Diversity in Groups	CERES Brunswick East Home - CERES
August 16-17th Fri 9.00am to 4pm Sat 9am to 1pm	Facilitate effective collaboration in groups	Online
Sept 13-15th Friday 10 am to Sunday 2pm (Catering provided)	Endings and Integration	Commonground Seymour Victoria

If you have questions, please contact us at agf@groupwork.com.au or register for a free info session [here](#)

7. Pricing and payment schedule

Standard (inc GST)	\$10,500.00
NFP* or self-funded (inc GST).	\$8,500.00
Scholarship (inc GST)	\$5,500.00

To lock in your place in the course for 2024 you need to pay a deposit of \$600 (inc GST) through our website [here](#)

Fees can be paid in full prior to the commencement of the course, or in three instalments over the course year.

Refund Policy

Upon enrolment you agree to the cost of this course. All fees are to be paid as per schedule above.

Cancellation 28+ days before course starts: A 100% refund of your deposit paid will be refunded, if its less notice that 28 days before course start a there will be a \$100 admin fee.

Cancellation notice 28 days or less before course starts: If your place within the course can be replaced your fees paid to date will be refunded less a \$200 administration fee. If your place cannot be replaced then fees paid will be forfeited.

Cancellation during the course: If you withdraw from the course, you are required to meet the payment owing for that component of the course.

8. The Facilitation Team ...

Groupwork Centre have brought together a diverse team of their most experienced facilitators to run this course. They are an eclectic bunch; compassionate, wise and insightful.

They are eager to support people willing to open themselves up to the journey of discovering what they, too, might offer the world as a Groupwork facilitator.

If you have questions, please contact us at agf@groupwork.com.au or register for a free info session [here](#)



Nancy Nuñez

Nancy Nuñez has a strong background in community development and international development. She has extensive experience in facilitation and training

Nancy has worked with Groupwork since 2014. She brings a wide range of experience working across many sectors on diverse issues such as conflict resolution, cross cultural communication and diversity and inclusion. strategic planning and community engagement.

She is passionate about harnessing the power of groups to create change and helping individuals and groups work well together so they achieve their goals.



Sarah Norton

Sarah is an experienced coach and group facilitator. She has a background in behavioural science, education, and has been an educator on the advanced group facilitation course since 2006.

Sarah's approach is lively, engaging and participatory. She uses psychodrama in her training to add another dimension of learning.

She believes that good processes, well facilitated, can create great outcomes and 'magic' in groups, and has a passion for supporting individuals to be the best they can be.



Henry Fowkes

Henry is an experienced group facilitator, educator, and coach with a background in youth facilitation, campaigning, project management, engineering, psychotherapy, and has worked for Groupwork since 2014. Henry has a particular passion for working with people in the well-being, personal development, youth, and environmental sectors.

His approach is grounded in presence, deep listening, and curious exploration—supporting each individual to uncover their own unique understandings. His style is often described as lively, grounded, and relatable.

Henry also draws on his skills from his other roles as a Gestalt Physiotherapist and Open Floor Movement Practice teacher.

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